

Say hello to our vegan menu

Antipasti

Bruschetta 6.75

toasted sourdough with diced, fresh vine-ripened tomatoes, basil, garlic + olive oil

Bruschetta ai funghi 6.75

toasted sourdough with mushrooms slowly cooked in garlic, a dash of wine + olive oil

Zuppa £6.50

italian minestrone soup served with toasted sourdough + vegan butter

Zucchine Ripiene £8.95

round courgettes, stuffed with aubergine chutney, pine nuts, capers, olives + vegan mozerella

Verdure Miste £7.95

roasted courgettes, oyster mushrooms, aubergines + red peppers; dressed with olive + fresh mint. served chilled

Pasta

Tofu Ravioli £12.50

soft pasta squares, filled with tofu, spinach, walnuts, parmesan (vg) + nutmeg; served with a tomato + basil sauce

Butternut Squash Ravioli £12.50

Soft pasta squares filled with butternut squash and sage; served with a tomato + basil sauce

Zucchine £11.75

roasted courgettes, vegan butter + vegan parmesan

Ai Funghi £12.75

oyster, porcini, cup mushrooms cooked with garlic, olive oil, chilli + white wine

Puttanesca £12.75

olives, capers, chilli + garlic, in a tomato sauce

Penne Arrabiata £

slow cooked tomato + chilli sauce

Verdis

Italian eatery

Clarence Park, St Albans



Risotto + Salad

Asparagus Risotto £12.95

tender asparagus, white wine and
vegan parmesan

Mushroom Risotto £12.50

wild mushrooms, slowly cooked with
white wine and vegan parmesan

Hearty Warm Salad £11.95

roasted peppers, sweet potato + butternut squash, baby spinach, tomato,
cucumber, served with a roasted portobello mushroom, bulghur wheat,
chickpeas, lemon zest + olive oil

Pizza

Margarita £11.50

vegan mozzarella, tomato + fresh
oregano

Casarecia £12.95

vegan mozzarella, tomato, spinach,
mushrooms, onion, garlic + peppers

Funghi £12.75

vegan mozzarella, tomato +
mushrooms

Carciofo £12.95

vegan mozzarella, tomato +
artichoke

Sides

Fresh green vegetables £4.75

choose from asparagus + tender broccoli, or French beans served cold
with lemon + olive oil or pan-fried, with chilli + garlic

Insalate Verde £4.75

lettuce, cucumber + green peppers

Verdura £4.75

grilled mediterranean vegetables

Insalate di pomodoro £4.75

Tomatoes, red onions, olive oil + basil

Patate £4.50

sautéed potatoes

Rucicola e pomodoro £4.75

Rocket, tomatoes + crumbled parmesan

Chips £3.50

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